

# Stop the Spread of COVID-19



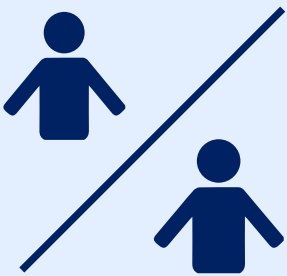
## How to Home Quarantine



Remain at home and avoid all public activities. This means **do not** go to work, church, school, stores, nor any public events or places.



**Do not** have visitors in your home.



If you live in a home with other people, **stay in a separate room**. If that is not possible, wear a face mask when you are in the same room and stay at least 6 feet away from them.



**Wash your hands** and use an alcohol-based hand sanitizer often. Do not share personal items such as dishes, cups, forks, spoons, towels, etc.



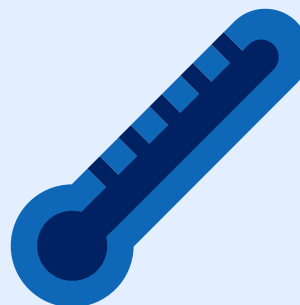
**Do not leave your home** except to get medical care. If you need to see a doctor for reasons other than a medical emergency, please call your medical provider ahead of time to make proper arrangements.

# 911

In the event of a medical emergency, call 911. Tell them that you are in home quarantine due to possible novel coronavirus exposure. Keep a face mask on until a health care provider asks you to remove it.



**Do not** use any public transportation (buses, taxis, ride share services, or airplane).



Check yourself for fever twice a day. This means taking your temperature in the morning and before bed at night. Write it down on a piece of paper.